

FLORA

SKIN MENU

Skin Consultation £15 (30mins)

If you are struggling with your skin or unsure which treatments will be suitable for you then a skin consultation is a good place to start. We will have a chat over your concerns and expectations of your treatment, what treatments may be suitable for your skin type, review your current skin care products and finally we will give your skin a deep cleanse and take a look at it up close. The price of this consultation can then be used either towards your first treatment or any products you would like to purchase.

Lift & Tighten Facial £35 (45mins)

The 'lift and tighten facial' is a workout for your face. Just like the muscles in the rest of your body it's important you exercise your facial muscles too. This will increase blood flow and nutrients to the cells and relieve tension and sinus pressure. Using luxurious oils we will rejuvenate your skin and then we will apply a tightening mask to lift the key areas of the face. Your treatment will finish with a lymphatic drainage massage to remove any waste and toxins.

Glow Facial £45 (45mins)

An express facial to give tired, lacklustre skin its glow back. Starting with a steam and cleanse we will then carry out manual extractions to give a deeper clean to problem areas. Finishing with an enzyme peel and skin booster.

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Deluxe Dermaplaning Facial £50 (60mins)

The 'Deluxe Dermaplaning facial' will instantly bring back that GLOW to your skin by removing all the vellus hair and dead skin cells from your face. It is a manual type of exfoliation with no down time and instant results. After the dermaplaning a luxury algae mask is applied to soothe and rehydrate the skin. We finish with a relaxing lymphatic drainage massage to flush away toxins and allow any stress or tension to just melt away. This treatment is suitable for pregnant women and all skin types other than clients with active acne.

Classic Facial £60 (60mins)

Modern day life is STRESSFUL! When the body is stressed, it releases a hormone called cortisol. Cortisol can lead to an over production of sebum (oil) which can result in breakouts. The last thing we need when we are stressed is more breakouts! Allow us to reduce your stress levels with our classic facial and gently calm your mind using aromatherapy oils and gua sha massage. We will handpick essential oils to enhance your wellbeing and bring harmony to your body whilst using gua sha massage to release tension and promote healing. We will cleanse and tone the skin and finish the treatment with a calming mask and a soothing scalp massage.

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Men's Ultimate Cleanse Facial £65 (60 mins)

Why should women get all the pampering!? Male skin need's just as much care, if not more than women. Men have higher testosterone levels therefore they produce more oil which can lead to clogged pores and blackheads. Men also tend to have coarser skin and larger pores. This facial has a large focus on cleansing the skin using steam, ultrasonic tools and manual extractions. We will then exfoliate with an enzyme peel and use high frequency to kill any remaining bacteria sitting on the skin. The treatment will finish with a calming mask and a scalp and shoulder massage to release any tension.

Brightening Facial £65 (1hr 15mins)

Our signature 'brightening facial' combines both a superficial chemical peel and light microneedling to give incredible results. We will tailor the peel to your skin concerns and treat with a skin specific mask and LED treatment. To finish off the treatment we will finish with a hydrating skin booster to leave your skin feeling bright and energised.

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The Ultimate Facial £80 (1hr 30mins)

The ultimate facial is our hero facial, not only will it leave your skin absolutely glowing but it will release tension and promote an increased sense of wellbeing. To start your skin will receive a deep clean using steam, ultrasonic tools and manual extractions. You will then reap the benefits of dermaplaning to remove all the vellus hair and dead skin cells. The following steps will be tailored to you individually depending on your skin concerns but will include an advanced skin treatment such as a chemical peel or microneedling. We will then bring your skin back to life with a nourishing mask and whilst you are resting you will receive a relaxing scalp massage. We will finish the treatment with LED light therapy and your choice of a complimentary foot or hand massage.

Advanced Custom Facial £85 (1hr 30mins)

With our advanced custom facial we really delve into the depths of how and why your skin behaves the way it does. We will also look at how your lifestyle and diet effects your skin. We will start by carrying out an in depth consultation and then with the information we have gained we will tailor the treatment using medical grade products and advanced skin treatments such as medical needling, powerful peels and innovative equipment.

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Hydrofacial £110 (1hr 30mins)

Intense hydration and extractions rolled into one mega facial. This facial is the ultimate recipe for glowing skin. Using advanced hydro dermabrasion technology we cleanse and exfoliate the skin and then flush it out using our moisture serums. We then apply a hyaluronic acid mask to give the skin an extra moisture surge whilst under LED light. The facial is then finished with an icy globe and lymphatic drainage massage to flush away any toxins leaving you feeling relaxed and glowing.

DMK Skin Revision £120 (1hr 15 mins)

Results driven, paramedical skincare company, DMK's signature enzyme mask is a hard setting face mask that contains living enzymes. They stimulate your natural enzymes to speed up cellular processes and remove any debris and toxins surrounding the cells. The enzymes also stimulate the circulatory system to pump fresh oxygen to your skin. It can heal many skin conditions particularly acne, ageing and pigmentation. Included in the treatment is 30 days worth of homecare products to ensure you can maintain your glowing results at home!

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Full Body Spray Tan £20 (30 mins)

Let's be honest a spray tan makes everyone feel better! Our spray tan formula can be adapted to suit your desired shade and we also have an 'invisible tan' option which leaves no brown residue perfect for brides or events where you may be wearing a lighter colour outfit. Our tan solution is paraben, alcohol and oil free and is also vegan and cruelty free.

Half Body Spray Tan £15 (20 mins)

Let's be honest a spray tan makes everyone feel better! Our spray tan formula can be adapted to suit your desired shade and we also have an 'invisible tan' option which leaves no brown residue perfect for brides or events where you may be wearing a lighter colour outfit. Our tan solution is paraben, alcohol and oil free and is also vegan and cruelty free. This option for half body either includes above the waist or below the waist.

Express Massage £35 (25 mins)

Our express massage is a great follow on massage if you have had a treatment with us recently and feel that areas of your body may need further attention. Our therapists can focus on which ever areas need attention to ensure your body is kept in top shape. This treatment is also great as a quick pick me up if you lead a busy life and don't necessarily have time for a full massage.

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Bacial £55 (60 mins)

Imagine your perfect facial but the only difference is that it's on your back. Our back can often get neglected as it's hard-to-reach and an area we can't often see. The area is however prone to oil and sweat build up resulting in black heads and in worse case back acne. The bacial involves a deep cleanse with ultrasonic and manual extractions, followed by an exfoliating scrub and high frequency to kill any bacteria. We will then apply a hydrating mask and finish off with a hot oil back and shoulder massage to leave you feeling 'back' to your normal self.

Tension Relief Massage £60 (55 mins)

This massage focuses on the areas we hold the most tension which is our face, neck, back and shoulders. Using hot oils and slow massage techniques we will unravel any knots and built up tension with adjustable pressure. Once fully relaxed we will end the treatment with a relaxing scalp massage to leave you in a state of bliss.

Sense of Renewal Massage £65 (60 mins)

60 minutes of ultimate relaxation with our full body sense of renewal massage. This gives you time to completely unwind whilst our therapist uses soothing oils to restore your vital energy and release any tension within the body.

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Lava Shell Massage £65 (60 mins)

Lava shell massage is a deeply relaxing treatment that uses heated tiger clam shells to warm the muscles and the heat from the shells allows the therapist to go 10x deeper into the muscle without causing any pain. We can really work on removing those nasty, stubborn knots so you leave feeling like you are floating on a cloud.

Bespoke Full Body Massage £80 (1hr 20 mins)

Our bespoke full body massage has all the benefits of our sense of renewal massage plus extra time to focus on those key areas that may cause you trouble. This massage can be totally tailored to you and can include scalp, hand or foot massage. If you have always wondered what heaven on earth feels like, then this is it!

Pregnancy Massage £65 (60 mins)

A women's body is put under immense pressure when pregnant so allow us to help relieve some of that pressure and stress by gentle massage. Our therapist will ensure you feel ultimate comfort whilst she works on the areas of the body most affected by pregnancy. We will ensure you leave feeling relaxed and rejuvenated ready to take on motherhood. * You will need to be over 12 weeks to have this treatment *

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Body Microneedling £80 per area (time varies)

Just like our microneedling facial, microneedling has an endless amount of benefits to the body as well as the face such as reducing the appearance of scars, sun damage and stretch marks. It involves creating tiny holes in the skin which then triggers a healing response in the body and encourages collagen production. A course of 3 is recommended for optimum results, 6 weeks apart. Price and time may vary depending on the size of area treated.

Course of 5 Spray Tans £85 (20 mins per tan)

A discount package of 5 full body spray tans making each spray tan £17 instead of £20. These tans must be redeemed within 6 months of purchasing the course.

Tan Club £300 (20 mins per tan)

A discount package of 24 full body spray tans (2 per month) making each spray tan less than £13 instead of £20. These tans must be redeemed within 12 months of purchasing the course.

Course of 3 Microneedling Sessions £215 (45mins per treatment)

Microneedling has an endless amount of benefits to the skin and supports in reducing the appearance of fine lines and wrinkles, sun damage, scar/stretch mark treatment, rosacea reduction and much more. It involves creating tiny holes in the skin which then triggers a healing response in the body and encourages collagen production. If you are wanting results this is a facial not to be missed!

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Course of 3 Chemical Peels £215 (45mins per treatment)

This results driven treatment sounds a lot scarier than it is. Chemical peels are a brilliant way to reduce fine lines and wrinkles, hyperpigmentation, acne and uneven skin tone. The chemical solution peels away damaged skin cells to allow healthy cells to grow in its place. Our peels have minimum discomfort and little down time. Trust us when we say once you start adding peels to your skincare regime you won't go back!

Top to Toe Package £120 (2hrs)

Our classic one hour facial and one hour bespoke full body massage is rolled into one super treatment and will pamper you from head to toe. If you are needing the upmost relaxation this is it.

Mummy to be Package £100 (1hr 45 mins)

This package includes a tailor made facial to treat your specific pregnancy skin concerns and a pregnancy massage to release built up tension. Our therapist will ensure you feel ultimate comfort whilst she works on the areas of the body most affected by pregnancy. We will ensure you leave feeling relaxed and rejuvenated ready to take on motherhood. * You will need to be over 12 weeks to have this treatment *

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Stress Buster Package £215 (treatment time varies)

Our stress buster package is perfect for those clients who have stressful lives whether that's being a busy mum, working over a desk or on their feet all day. It includes 2 x 55 minute tension relief massages and 3 x 25 minute express massages. These treatments must be redeemed within a year of purchasing.

Bridal Skin Prep Package £300 (treatment time varies)

Our bridal skin prep package is sure to make you the glowing bride! It includes 3 x advance custom facials, 1 x professional home care product and a spray tan before your big day.

Acne Buster Package £250 (treatment time varies)

Our acne buster package includes 2 x DMK skin revision treatments and a selection of prescription home care to use inbetween treatments. Once the acne is under control we offer an 'Acne Buster Package 2.0' which includes 3 x brightening facials to heal any scarring and also a professional homecare product.

Gift vouchers are available to purchase

**A full consultation and medical history form will be carried out before every appointment. Appointments can be booked online via our website
www.floralaserandskin.co.uk.**